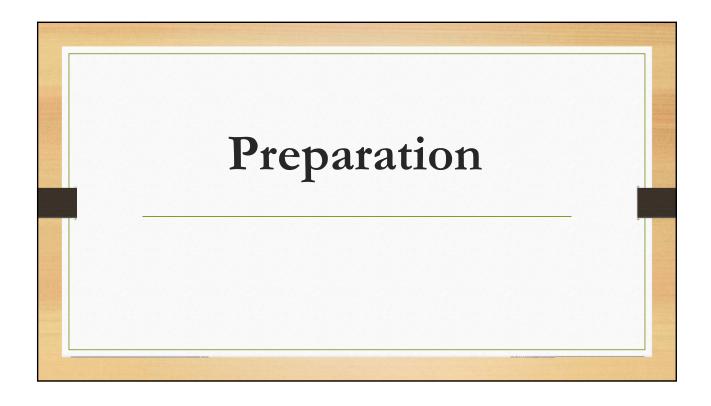


Public Speaking is an energy exchange between you and the audience.

Mark Gai

Don't give a speech, have a conversation.

Speak Like a Pro Preparation Content Delivery

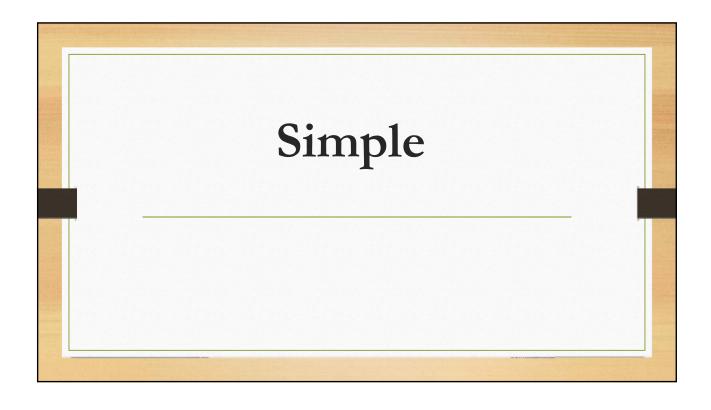


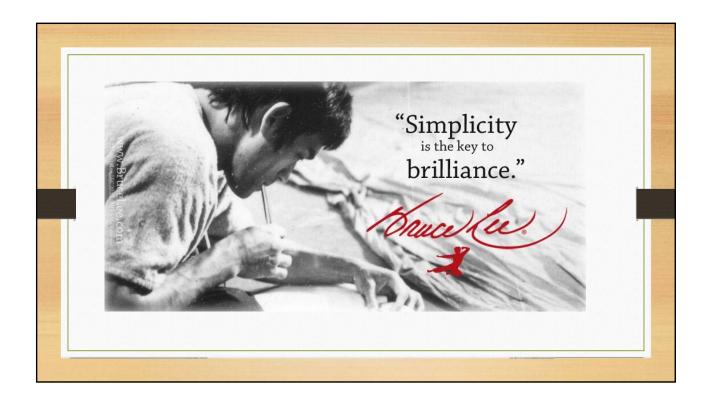






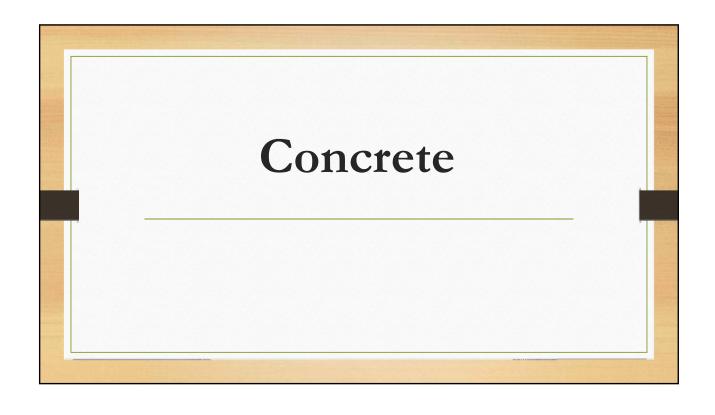












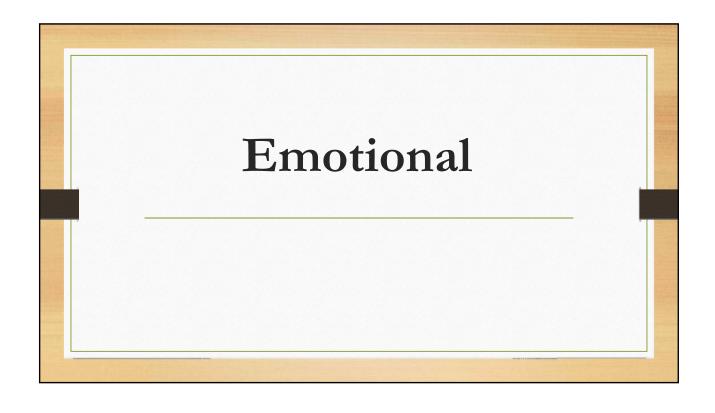






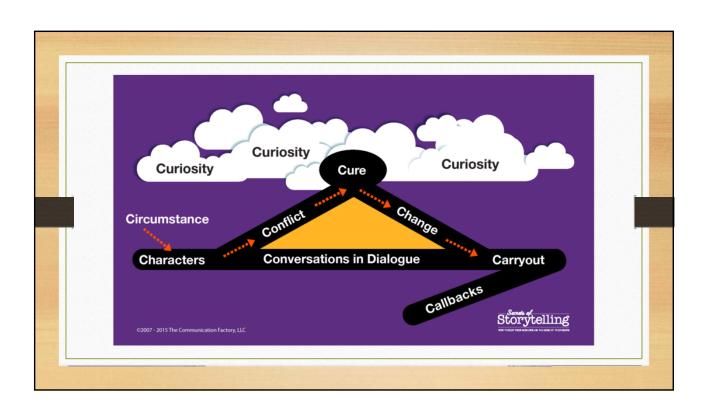


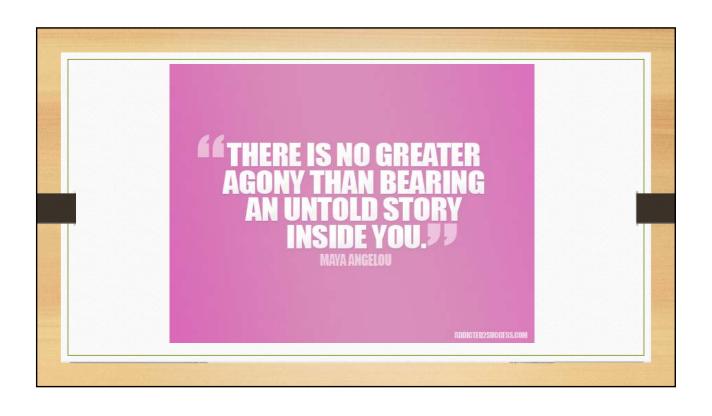




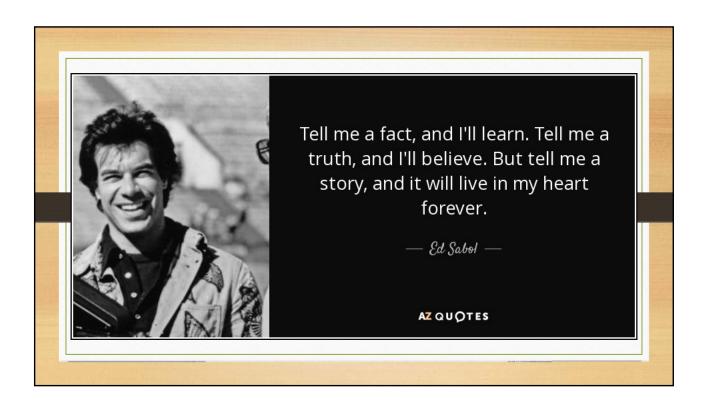












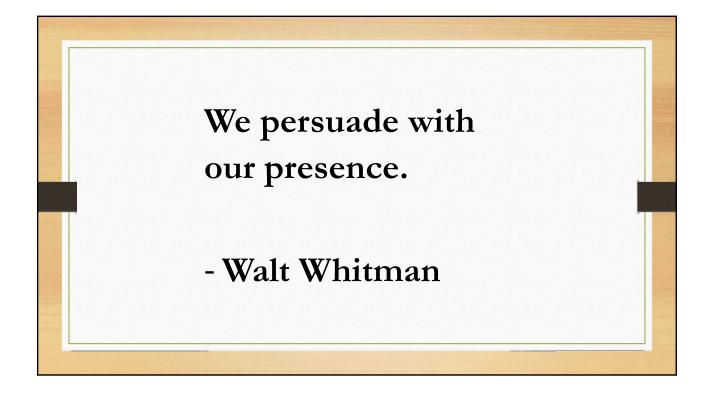


Just Breathe

Breathe ... and remind yourself that this very moment is the only one you know you have for sure.

- Oprah Winfrey

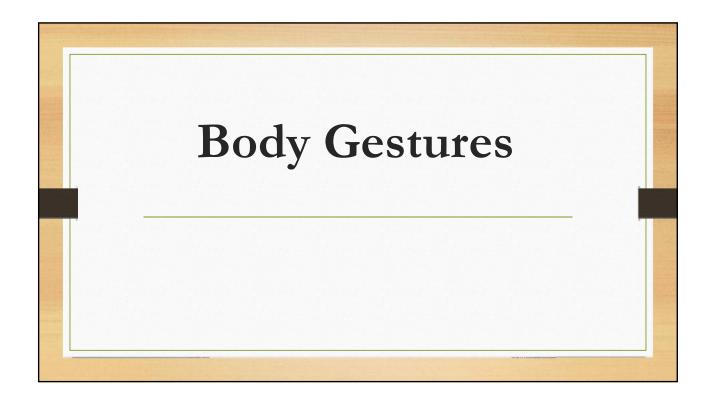


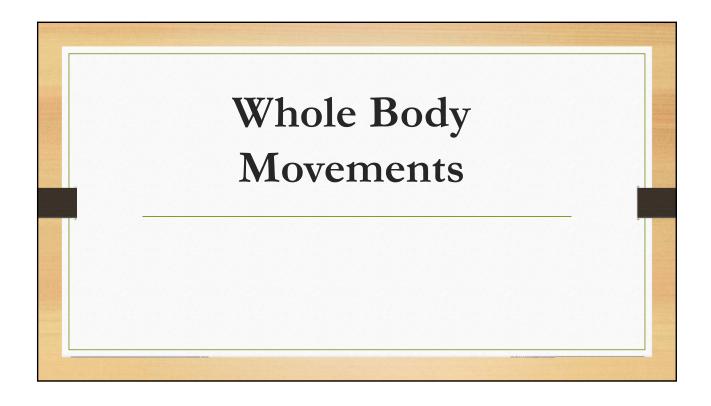


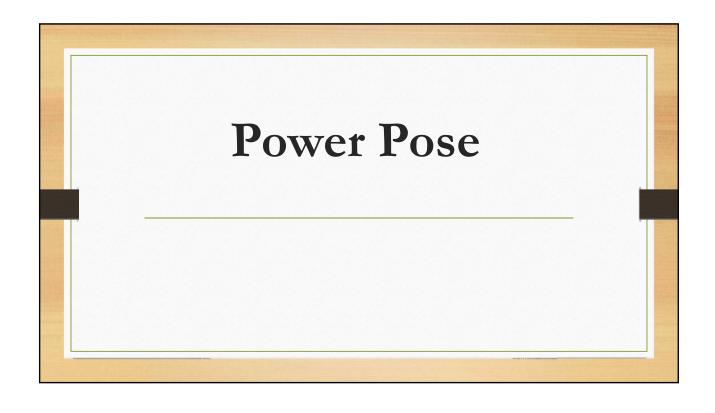
Find Presence

- O Objective
- O Open
- O Off-Stage Presence

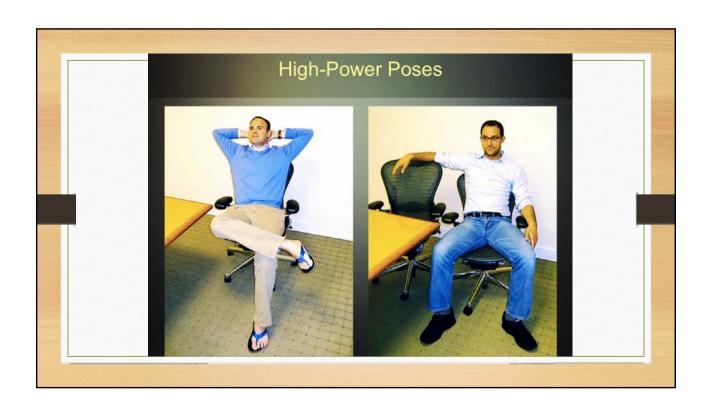
Keep a Body Language Diary













If we are strong, our strength will speak for itself.

If we are weak, words will be of no help.

- John F. Kennedy

You can't shrink
yourself into
greatness.

- Mark Gai



Mark Gai
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Speaker
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